



CBREEZE

CREMORNE COMMUNITY NEWSLETTER
AUTUMN ISSUE 2016

UPCOMING EVENTS

Sunday 5th June, 12.30 - 2pm

Cremorne Bowls &
Community Club AGM

Tuesday 14th June, 7 - 8pm

Cremorne Community Group
General Meeting

Friday 17th June, 7.30pm

Karaoke @ Cremorne, \$5 entry

Friday 17th June, 5pm

Pop Up Van

Saturday 2nd July, 7.30pm

Boogie @ the Bowlo
Mid-winter disco Entry \$10

Friday 22nd July, 5pm

Pop Up Van (TBC)

Friday 19th August, 5pm

Pop Up Van (TBC)

Saturday 27th August, 3pm

Cremorne Community Group AGM

September

Barefoot Bowls registrations
for 2016-7 open

Saturday 5th November

Quiz Night @ the Cremorne Bowls
and Community Club (by Playgroup)

Brian's Banter

As I began this season's "Banter" I could just make out the unfamiliar sounds of rainwater trickling into my tank. It has certainly been a long, dry spell but this morning's showers were a reminder that cooler seasons are ahead and with that, perhaps, come less daylight hours outdoors. Nonetheless, winter doesn't mean no time in the garden...just a change of focus. With this in mind, our Community Group is pleased to announce that Andrew Clark and the crew from Harmony Nursery have agreed to join us in this and future issues of *C Breeze* with season-by-season tips for gardening. This follows on from the excellent precedent established by Sarah Meyer when we first undertook our community newsletter. As well as ideas and advice, Andrew has agreed to provide a Harmony gift voucher to the tune of \$50 for some lucky resident each time *C Breeze* is published. Each issue, we will draw out the street name and number of a dwelling in Cremorne and present the voucher which will be valid for 12 months.

If gardening isn't your thing, perhaps a restaurant meal, entertainment or cheaper shopping might appeal to you. This is just a reminder that there are 2 organisations in our village offering to provide residents with discounts on many, many things in the year ahead courtesy of Entertainment Books. For each money-saving Book you purchase, either the Cremorne Community Group (contact Ian Pearce on 62488620) or the Cremorne Bowls & Community Club (contact is Teresa Newman on 0408526038) will be reimbursed a small sum which helps offset costs for either organisation. Often you can save the cost of the Books after just 3 or 4 uses!

In mentioning the Community Group (CCG) and Bowls & Community Club (CB&CC), it is timely to remind you that if you are a Cremorne resident and a paid-up member of either the CCG or CB&CC, you can access our "Gazebos to Go" trailer with a 3x3m and 6x3m gazebo and associated gear for private use. We don't charge for the use and hope we don't ever have to but a small donation to cover any repairs and incidentals (like annual registration) would be welcomed. Donations can also help us purchase tables, folding chairs and a first aid kit which we couldn't afford when the costs of manufacturing our trailer rose beyond the grant we received from the Foundation for Rural & Regional Renewal in 2015. Contacts and keys for trailer/gazebo use are: Brian Bennett (0417 444 389), Vicki Pearce (0418 992 891), Jodie Presnell (62370720) or Andrew Dyson (0427 865 157). Currently, an annual subscription for the CCG is \$5 and a basic yearly membership for the CB&CC is \$40.

Finally, keep an eye out in the Spring issue of *C Breeze* for notification of our CCG Annual General Meeting (27 August) and consider if you can help out in some official capacity in our organisation...not onerous! Consider, too, checking out ideas, events and useful contacts via our website, www.cremorne.tas.au or contact us on ccg@cremorne.tas.au or "like" the Facebook site www.facebook.com/Voicecremorne. You might want to add photos to our online album or provide business contact details after you've browsed the sites.

Have a great winter everyone,

**Brian Bennett,
Cremorne Community Group President**

The Cremorne Community Group is
pleased to bring you *C Breeze*, generously
printed by Julie Collins MP.

Who's new in our Coastal Village

COURTNEY AND AMY, NEW TO WISTERIA AVENUE

Courtney and Amy moved to Cremorne at the end of summer and report that they have been super happy ever since. They tell us they are glad to get out of town, enjoying the extra sunshine and being busy about the house so that they can have a great next summer. Both Amy and Courtney's fulltime jobs involve working with children so they enjoy quiet time either in the garden or at the beach in their 'down time.' They are planning on welcoming a dog to their family very soon, and look forward to meeting some more local people and pooches through leisurely walks on the beach.

Cremorne Community Resource

Did you know that the Cremorne Community Group has two gazebos (3m x 3m & 3m x6m) which are available free of charge for hire by all Cremorne residents?

For bookings; contact Brian on 0417 444 389 or email your enquiry to ccg@cremorne.tas.au



Playgroup WELCOME, WELCOME!

By the time this article goes to print we will hopefully have held our Merry May Morning Tea to welcome some unknown faces to the Cremorne Playgroup. It's not a one-off welcome though! We'd love to see more people come along and join in the benefits of creating a local network of families. Please give either Jeni (ph: 0447 382 834) or Jodie (ph: 0434 499 730 or 6248 9312) a buzz if you want to find out more. As you can see from the Bike Derby Day the friendships of kids extend beyond the pre-kinder age. (Playgroup, every school term Monday at the Club, 10am-12 noon)

Bike Derby – school holiday adventure. An awesome force of wheels turned out on a beautiful autumn day in Cremorne for the school holiday adventure Bike Derby. Around 50 kids made their way around about 5km of varying tracks to suit different ages.

Features included the Nullarbor Strait (up the driveway and back), Wildlife Safari (around the trees and past the chooks), 4WD Savannah Plains (paddock run and back road), the Scenic Garden Route, and the Pit Stop (trampoline and cubby house). Most importantly there was coffee, tea and snacks for all the parents and grandparents who turned up with time to relax in the garden.

So many thanks to all the kids who rocked up and rolled on plus all the adults who helped out with food, traffic control and wonderful company.

It was great to see many of the older kids take part. Playgroup has helped build many connections and we'd love to see more events for the older age group. If others in the community have a holiday adventure idea we greatly encourage you to put it into action. There's loads of great kids!

Cheers, Jodie (Cremorne Playgroup)





Put a table together and sing the night away.

**7.30pm
Friday 17th June**

Cremorne Bowls
& Community Club

\$5 entry

Don't worry about dinner as the Community Pop Up Van will be operating from 5pm.

Further information from the Club during opening hours 6248 9556 or contact David Swain 0414 543 646 cremornebowlsandcommunityclub@gmail.com

COMMUNITY *Alert*

As residents of Cremorne, we all know how quiet and hidden away our little bit of paradise is.

Unfortunately, though, there have been at least two reported incidences of break-ins in Cremorne in May 2016.

Please take care to secure your property as appropriate, and report any unusual activity you may see.

If you ever have any information that could assist police, please contact Crime Stoppers on 1800 333 000.



HARMONY

LAUDERDALE

FANTASTIC NEWS- HOUSE PLANTS ARE BACK

This year we have seen a resurgence of house plants becoming fashionable with interior design, resulting in a trend that's indicating "house plants are back". Not only do plants fit the current décor style but they also are responsive and help purify the air around us, protecting our living and working space. The economic consequences of polluted indoor air can't be ignored either; one Australian study estimated that the cost of unhealthy indoor air in the country exceeds \$12 billion annually.

Our top 5 House plants to improve air quality in the home or office are:

1. Epipremnum aureum "Devils Ivy"
2. Spathiphyllum "Peace Lilly"
3. Hedera helix "English Ivy"
4. Anthurium andraeanum "Flamingo flower"
5. Sansevieria trifasciata "Mother in laws tongue"

Check out your local Garden Centre and be inspired with the indoor plant and pot offerings. We can help you find the perfect plant and pot for any style.

VEGGIE GARDEN

Winter is a great time to plant Broad Beans, Asparagus, Spinach, Brussel Sprouts, Spring onion, Onion, Broccoli, Peas, Seed Potato, Rhubarb, Radish, Jerusalem Artichoke and Kale. Also just arrived in store, locally grown New Zealand Yams Hurry as stocks are limited and they won't last long!

As soon as the shortest day has passed it is the perfect time to sow onion seed or plant seedlings. Choose a sunny well drained position which has been generously limed. If sowing onions from seed I find it beneficial to ensure good viable, fresh seed is used and not old seed from the previous year. Add a little washed river sand or propagation sand, allowing the seed to be more evenly distributed and gently dribble the seed into the drill. Germination is quick and will only take 3-4 weeks.

Tuscan Kale is an edible heirloom variety with attractive, long dark green crinkly leaves. Commonly used in soups, pasta sauces and salads, Kale leaves can be harvested when very young and used fresh in salads or otherwise allowing plants to mature and use as a cooked green. Harvest older leaves by removing the larger, outer leaves and allowing the centre of the plant to continue producing.

DID YOU KNOW?

Kale is a member of the cabbage family and is susceptible to many of the same pests, which means over the winter months is often a great time to be rewarded whilst the cabbage white butterfly are hibernating. Kale is especially good when grown through winter and flavour improves when harvested after a frost. Kale is packed with nutritional benefits and a great cabbage or spinach substitute. One of winter's super foods!

WINTER JOBS

After their leaves have fallen on deciduous fruit trees, be sure to pick up and destroy old leaves and fruit and spray with a copper fungicide to help prevent over wintering pest and disease. Repeat this copper spray again just before the buds begin to swell in late winter/early spring.

- Plant Strawberry runners and Raspberry canes.
- Plant and prune roses now!!
- Apply Multicrop ground breaker to increase drainage in clay soil and improve overall plant growth.
- Treat lawn for Lawn Grub and Corbie attack - ask us how.
- Prepare and plant garden beds for berry fruits.
- Spray berry fruit and roses with lime sulphur to help control mildew and rust.
- Remove any privet suckers nearby lilac bushes! If planting a new lilac, be sure to bury the graft.
- Prune hydrangeas just above the double buds and apply potash in late winter.
- If resting an area in your veggie garden add green manure crop.
- July is the month to prune most deciduous fruit trees with the exception of apricots and cherries.
- Gladioli corms can be planted now - treat with pyrethrum to deter Thrip attack.

Now is the ideal time to select your fruit trees. At Harmony we are the fruit tree experts.....why not take some time to discuss with us when you would like your fruit to be ready so that we can space your crops, ensuring an extended fruit season. We can also offer advice on pruning, pest control and pollination where needed. This service is backed up by our twelve month guarantee on all rose and fruit tree purchases so ensures guaranteed results.

Winter is an exciting time at your local Garden Centre. It's a great time to rug up and venture out. Check out the great range of gardening products and new plants available to make gardening more enjoyable.

Harmony Garden Centre

Tidelines

JOSIE GREENWOOD

Josie Greenwood and her family's achievements seem larger than life.

I was amazed and inspired to think that such greatness can be found in the little coastal suburb of Cremorne, but perhaps that may be part of the magic that keeps such a high-achieving family so close and grounded despite their achievements and challenges.

Josie was born in Cremorne; went to Lauderdale Primary School and ultimately onto Rosny College.

Josie at 21 years of age is now playing basketball on a full athletics scholarship at the University of New Mexico, Albuquerque in the United States of America.

Josie clearly has the genetic makeup for sport.

Her mum (Andree) played for the Tasmania Islanders, a WNBL team. Andree was even pregnant with Josie's brother Hugh when she was playing.

Josie's junior basketball teams were all lucky enough to be coached by Andree and Josie describes that even when Andree was not coaching 'officially' she certainly continued to do so from the sidelines!

Josie's Dad (Michael) was a professional water polo player who played for Australia. He also has and continues to play a huge part in Josie's athletics career. Josie and Michael still work out together. Michael gives her tips on her fitness and is always helping her with her skills.

When planning her future after school, Josie had not planned to move interstate, let alone internationally. She was, and is, very close to her family and never imagined moving away.

Josie went to visit her brother Hugh, who was on an athletics scholarship with New Mexico and Hugh's coach basically recognised her talent, reviewed her tapes and poached her to play for the University of New Mexico.

Josie describes that playing basketball internationally, despite its challenges, has



improved her game. Not only has she been exposed to a whole new game and style, it has added a whole new dimension to her game and being surrounded by, and also competing against athletic and talented girls has encouraged. It's also pushed her to be even better than she was.

In addition to her basketball, Josie has now completed her third year at the University in a degree that focuses on family studies and communications. Josie must maintain certain grades at the University in order to remain on the scholarship. Josie's plan is to complete a Masters in Teaching when she returns to Australia one day and become a teacher.

Josie described herself as very spoilt as her University education, travel and accommodation are all paid for under the scholarship and she only needs to pay for her return trips to Australia to visit the family.



The move has not been all fun and games, however. At first Josie had her brother there to support her and says that she does not know what she would have done without his help and support.

Albuquerque could not be more different to Cremorne. Josie described that adjustment as one of the hardest. Albuquerque is in the middle of the desert. There is no ocean to be seen and the local lake is brown and dirty. There are homeless people on the streets; it is not safe to walk alone at night time and there have been riots on the street outside her apartment, requiring her to lock the doors and windows as the

Tidelines cont...



police were releasing tear gas. Josie now lives in a gated community with 3 of her teammates and has become much more streetwise.

Josie was visibly excited to return home and able to walk the 10 or so metres from her home to mine -on her own at night for the interview with me -she even sent a quick message to her friends back in the US boasting about her freedom!

Josie's brother, Hugh, is now 24 years of age and after returning from the US with a psychology major and playing for Australia with the Boomers and being offered a contract with the Perth Wildcats, he is now on a rookie contract with the Adelaide Crows having decided to change to playing AFL!

Josie's mum has been diagnosed with secondary breast cancer in her lungs. Josie says that the focus now is not on treatment but about management.

Together, Josie and Hugh started the "Pink Pack" charity in the US in honour of their mum and raised about \$75,000 for breast cancer research.

The drive and determination to raise much-needed funds continues and in June 2016, Josie's dad is having his head shaved. Josie's dad's aim was to raise \$7,800 for 'Seconds Count' which is a dedicated secondary cancer research program run by the Menzies Institute for Medical Research, as 78% of women diagnosed with secondary breast cancer die within 5 years. He has reached his goal but, as appears to be the way for this family of over-achievers, is striving for the next goal. If you can donate, please go to <http://mycause.com.au/page/119409/great-sticks-shave-off>

Written By Cassandra Jacobs

A vibrant, colorful poster for an event titled "BOOGIE AT THE BOWLO". The poster features a central, stylized, multi-eyed owl-like creature with a rainbow-colored face and a black body, surrounded by a dense, swirling pattern of leaves and flowers in various colors. Below the illustration, a peace sign is centered above the text. The main title "BOOGIE" is in large, bold, pink letters, and "AT THE BOWLO" is in slightly smaller pink letters below it. Below the title, the text "7:30pm Saturday 2nd July 2016" is written in a pink, cursive font. Further down, in smaller pink text, are " \$10 ENTRY | CREMORNE BOWLS CLUB", "PSYCHEDELIC RETRO RYTHYM", "BIG DANCE SCREEN", "BEST DRESSED TO BE ELECTED", and "SEND YOUR SONG REQUESTS TO adrianbeach301277@hotmail". A small peace sign is also located at the bottom of the poster.



Cremorne Bowls & Community Club news

Summer 2015-6 Barefoot

Bowls: First timers, the Jacked Sparrows; locals Craig Brown, James Garde, Sven Meyer and Damian Baker took out the Golden Sandshoe trophy in a thrilling final against Not Bias, coming down to the last couple of ends and cheered on by most of the other teams as part of our prize night celebrations. (L. to R. James, Damian, Craig (skip), Sven.



WEDDINGS, PARTIES OR ???

Did you know that our Club Rooms are available for hire for your function?

Information and applications are available online: [cremorne.tas.au/Cremorne Bowls & Community Club](http://cremorne.tas.au/Cremorne%20Bowls%20&%20Community%20Club) and click on Venue Hire 2015-6.

CBCC members are entitled to our generous discount rates.

CREMORNE COMMUNITY GROUP

2016-17 ENTERTAINMENT BOOK NOW AVAILABLE

This is our only annual fundraiser and funds raised go to covering the annual cost of running the community website (cremorne.tas.au). We need to sell another three (3) copies to receive the \$130 available to us. Remember, that although the cost is \$65, within 3/4 uses you have recovered the original outlay.

Immediately contact: Ian Pearce; 6248 8620/ian1944@gmail.com or online at cremorne.tas.au and click on link

WINTER PROGRAMS

Pop ups: Depending on the availability of Hobart's food vans, we hope to hold a popup night each month throughout the winter months. So, if you have a favourite van, let us know and we will see if we can tempt them to come to Cremorne.

Karaoke: Aspiring singers, we can't promise that George Clooney or Julia Roberts will crash the party but we're sure there are some stars waiting to be discovered at our Karaoke @ Cremorne event on Friday 17th June. The club will hold its monthly winter Friday night pop up from 5pm then from 7.30pm the Club will host a Karaoke evening, with spot prizes and a modest entry fee of \$5.

Mid-winter Disco: Adrian Beach and his team have set this year's disco as Boogie at the Bowlo with a Psychedelic Retro Rythm driving the evening. Saturday, 2nd July from 7.30pm Entry: \$10

This Sporting Life: For those of you who are missing the thrill of barefoot bowls or are interested in trying out lawn bowls in a relaxed social setting during the winter months then why not try our **Winter Social Bowls Program:** Tuesday Social Bowls from 10.30am. Play and meet new people each week. Games format depends on numbers attending. Cost \$7 per person - includes games, soup, tea and coffee. Saturday Social Bowls from 11.30am. Cost \$7 per person - Super Saturday saveloys, bread and sauce, tea and coffee. Contact: David Watkins; 6248 6126 or 0409 553 848 for any enquiries.

The backbone of our sporting focus is our pennant teams, who this year are going from strength to strength with Division 6 winning the Grand Final, Division 3 and Women's teams, runners up. Because we are playing so competitively, Div. 6 move up to Div 5 & Div.3 to Div. 2 in 2016-17.

Managing the Club: AGM: 12.30 pm-2pm. Sunday 5th June @ the Club rooms

Membership renewals fall due from 6th June 2016 and new members can apply either online or at the Club.

The Board is very gratified by the increase in membership from the community, remember that the Club sets out to be a good community member and would like to hear from you should you have suggestions or comments to help us in this.

Vicki Pearce (cremornebowlsandcommunityclub@gmail.com)
Secretary, Board of Management, Cremorne Bowls & Community Club

Community Market?

WANTED - Volunteers to help plan and run a market at the Bowls & Community Club this winter.

The Club is keen to make its facilities available for events such as a program of markets and is keen to hear from individuals or groups who would be willing to work with Vicki Pearce to make this happen. To register your interest or any ideas that you may have email Vicki at: cremornebowlsandcommunityclub@gmail.com

GENERAL MEETING CREMORNE COMMUNITY GROUP INC

WHEN: 14TH JUNE 2016 @ 7PM

WHERE: CREMORNE BOWLS AND COMMUNITY CLUB

AGENDA: FUTURE OF THE CCG, AND OTHER GENERAL BUSINESS

We would really like to see you there. Our agenda and minutes can be downloaded from our website. Current members are notified by email, so check to see if your membership is up to date.

The CCG AGM will be held on Saturday August 27th 2016 at 3pm.

Vicki Pearce
Secretary, Cremorne Community Group
Email: ccg@cremorne.tas.au

The Cremorne Community Group management group would like to acknowledge the Clarence City Council which provides \$2,000 annually through its Community Events Program for the CCG Long Table Lunch and our Christmas @ Cremorne event. We also thank Julie Collins MP for printing 'C' Breeze, the Cremorne Community Newsletter.

cremorne.tas.au is our community website. It contains details about all community organisations (including membership details) and other interesting information relating to Cremorne.

C Breeze is a community newsletter,
compiled & edited by the
Cremorne Community Group Inc.

Cremorne Community Group OUR FUTURE?

The Cremorne Community Group (CCG) was established in 2009 to be a community-run organisation to respond to community need. Currently, the major role of the CCG is to hold two events annually, to manage the community website (cremorne.tas.au) and the Voice of Cremorne Facebook page and produce the community newsletter, C Breeze. The bulk of the work of the CCG is done by a voluntary committee and our funding comes from our annual membership fee of \$5 and from donations from community members who have appreciated the work of the CCG.

Now, as our membership is decreasing, we will soon be unable to cover the minimal costs of running the CCG or find people willing to join the committee. The \$2000 funding that we receive annually from Clarence City Council is earmarked to cover all the costs of holding the Long Table Lunch in October and the Christmas @ Cremorne event in December and does not cover any administrative costs associated with running these events.

Additionally, after seven years of service, the founding executive members are keen to relinquish their positions and welcome new faces. Should the Committee not be replaced, the current executive will have no option but to dissolve the organisation. This would mean no longer holding our community events, closing down the web site and newsletter and notifying the Clarence City Council that we will no longer require funding. These issues will be discussed at the next general meeting of the CCG to be held on 14th June, 7pm at the Bowls & Community Club. Should you wish to be part of the discussion on the future of the CCG, either come along to the meeting or contact us with your thoughts on this matter.

If the Cremorne Community Group should fold, the Cremorne Bowls and Community Club (CBCC) is not placed to take over the role of the CCG. Whilst the CCG and the Club have worked closely together over the past seven years, our roles and aims are somewhat different. The Community Group is open to all residents and interested individuals for a nominal annual membership of \$5. The CBCC, on the other hand, serves its members, both bowlers and community, who pay an annual fee of \$40. The Club has a mandate to be a good corporate citizen and, as such, provides a range of services and events to its members. Within its capacity, it provides an outreach program including the Pop Ups and Mid-winter Disco for the community which is delivered by a small group of volunteers.

To end on a positive note, our thanks goes to Cassie Jacobs and Andrew McCarthy (Macca), for the smooth and enthusiastic transition within the C Breeze editorial team. Cassie & Macca are always on the lookout for interesting stories about Cremorne and its residents, so if you have any suggestions and ideas please get in touch.

*Vicki Pearce
Secretary, Cremorne Community Group*

Should you wish to join or update your membership, go to our website and look up the Group's entry for details.